

April 2018

Dear Parent/Carer

As you will be aware we are approaching the start of Ramadan. The first fast is expected to begin around May 15<sup>th</sup> and will finish with Eid ul Fitr falling around June 15<sup>th</sup>.

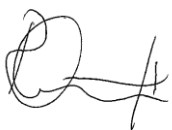
Ramadan is an important and exciting time for Muslims around the world, it is the ninth month in the Islamic calendar and lasts between 29 to 30 days. As a period of prayer, self-control, charity-giving and goodwill to others, part of Ramadan is fasting which is one of the Five Pillars (fundamental religious duties) of Islam.

This year, Ramadan will coincide with GCSE Examinations and as a school we would like to reinforce the importance of this month by highlighting how students can enjoy this exciting time.

We will also focus on strategies which will help maintain their performance in school by making choices around the food they eat to support their health. Students will have access to a prayer room to perform prayers and are still expected to attend school on time.

Attached is a flyer which students are encouraged to refer to, to maximise their Ramadan experience this summer. Concern over the long hours and timings of fasts have been raised by students, as such we do advise that students look after their health and wellbeing during this auspicious time.

Yours faithfully



Mr Richard Woods  
Headteacher