

Wellbeing

What is Wellbeing?

- Wellbeing is exactly what it says. It is all about making sure you are safe in school
- **Every** teacher in school has to help you to feel safe while you are here

But who exactly can you go to for help when you need it?

You can in fact speak to anyone you choose; but depending upon what help you need, different staff in school will deal with different things

Year Teams

If you want to talk to someone about things like:

- Problems in lessons
- Friendship issues
- Bullying
- Your feelings/emotions
- Concerns within school

then Year Teams and Form Tutors are the best people to go to

The Child Protection Team

When the problems you have mean that you are not safe, or problems are linked to things at home, there are a team of staff in school who can also help you. This is the Child Protection Team. They will help with things like:

- Violence at home
- Pressure from other people to do things you don't want to
- Someone forcing you do something you don't want to
- Drug or alcohol concerns
- Wanting to hurt yourself
- Concerns you may have about friends

The Child Protection Team in school are -

Mrs Julian

Wellbeing Manager

Mrs Topham

16-19 Agenda

Mr Holmes

SENDSCO

Mrs Birch

ARC

Miss Butler

Strategic Support

Mr Watkin

Strategic Support

Your PBM will also help you with wellbeing and child protection concerns

Remember

Friends can help with problems but it's always best to tell someone else too. If you are concerned about yourself or someone else, speak to an adult in school.